

## Legacy of Addictions Conference, 2006

### *Rebirth Of The Spirit, Recovery From Addiction*

Our third conference addresses the interactions of addictions with trauma, co-occurring disorders, shame-based societal dynamics, and the roles of others in the addicted family as part of either the intergenerational problem or recovery. The vast majority of addicts have more than one "addiction." Sexual addiction/compulsivity is being identified and treated more than ever. It is often associated with sexual trauma, and we are seeing that all types of addiction are likely to be associated with trauma. New awareness of the connections between trauma and addiction is leading to advances in treatment and quality of recovery. Family members need recovery for themselves, not just to support the recovery of the addict. Children of addicted families can be helped now, while they are still children.

**Emphasis on clinical skills—  
breakout sessions on Saturday afternoon.**

#### **Keynote Speaker: Patrick Carnes, PhD**

**Jerry Moe, MA, Director of the Children's Program, Betty Ford Center,** facilitates an all-day track on Saturday for children. Two clinicians who want a deeper understanding of how children are affected by addictions, and how to work with them will be selected to attend. Jerry brings a rare blend of experience, knowledge, skill, and passion to his work. More info inside.

**11.5 CEU's will be offered, including 1 hour on ethics!**

#### **Treatment Centers Exhibiting**

Advanced Recovery Center .....Delray Beach, Fla.\*  
Bridging the Gaps .....Winchester, Va.  
Caron Foundation.....Wernersville, Pa.  
Cirque Lodge, .....Sundance, Utah  
Coleman Institute .....Richmond, Va.  
Cumberland Heights .....Nashville, Tenn.\*  
Foundations Associates .....Memphis, Tenn.  
Las Vegas Recovery Center .....Las Vegas, Nev.  
Life Center of Galax .....Galax, Va.  
New Directions for Women .....Costa Mesa, Ca.  
Orchid Recovery Cntr / Women .....Palm Springs, Fla.  
Phoenix Recovery Center.....Edgewood, Md.  
Pine Grove Next Step .....Hattiesburg, Miss.\*  
Summer House .....Miami, Fla.  
Saint Christopher's.....Baton Rouge, La.  
Talbot Recovery .....Atlanta, Ga.  
William J. Farley Center .....Williamsburg, Va.\*  
Alldredge Academy .....Davis, W. Va.  
The Healing Place .....Richmond, Va.

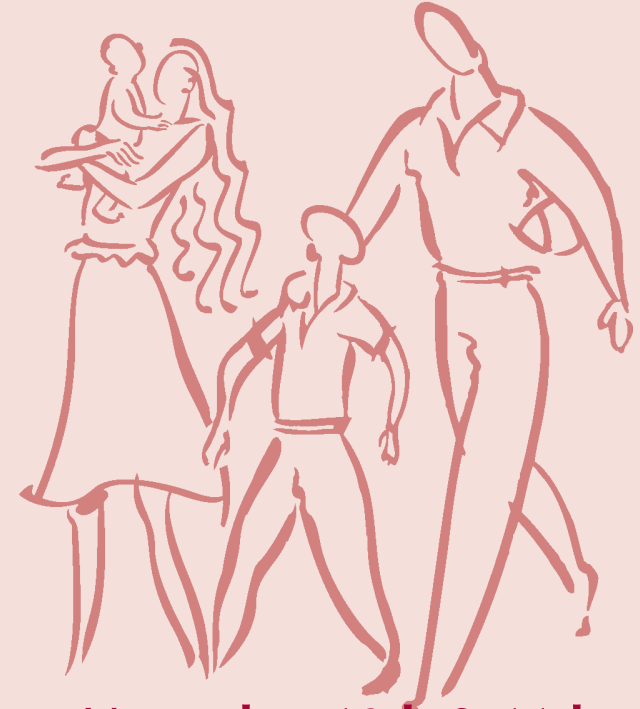
\*Providing speakers

*Rebirth Of The Spirit,  
Recovery From Addiction*  
**Legacy of Addictions  
Conference 2006**  
2405 West Main St.  
Richmond, Virginia 23220

**CEU's  
Available  
w/ one hour of ethics**

## Legacy of Addictions Conference, 2006

### *Rebirth Of The Spirit, Recovery From Addiction*



**November 10th & 11th**

Richmond Children's Museum  
2626 West Broad Street  
Richmond, Virginia

Legacy of Addictions Conference, 2006 Richmond, Virginia



Rebirth Of The Spirit, Recovery From Addiction

Friday, November 10th

8:30-9:00 am – Registration

9:00-9:20 am Opening Address Michael Cartwright, Founder of Foundation Associates, Nashville, Tn.

9:20-11:00 am KeyNote Speaker:

Addiction Interaction Disorder—Understanding Multiple Addictions Patrick Carnes, PhD, Director of the Gentle Path Program at Pine Grove Behavioral Center

Five out of six addicts actually have a myriad of addictions, compulsions and deprivations, a complex systemic problem called "addiction interaction disorder." Participants will learn an addiction interaction screen and other tools to help clients.

11:15am-12:15 pm Women In Treatment & Early Recover

Penelope Ziegler, MD, FASAM, Medical Director Emeritus of Williamsburg Place and the William J. Farley Center

Our culture applies a double standard to the addictive behavior of women. Shame becomes the defining characteristic of a woman's addiction, creating barriers in treatment and recovery that must be addressed at every stage. Dr. Ziegler brings a career of teaching, research, direct treatment, expertise and compassion.

1:15-2:15 pm Update on Medications in Recovery

Martin Buxton, MD & Ron Gaertner, MD

From active addiction through long-term recovery, psychotropic medications may be useful in various situations. Advances in psychopharmacology along with our advancing understanding of the impact of trauma and its related co-occurring disorders make this a rapidly evolving topic.

2:30-3:30 pm Sex, Drugs, Rock & Roll; Boundaries and Ethical Practice Rodney Adams, Attorney

The routines and procedures of a clinician's daily work can create a false sense of security regarding boundaries, ethics, and standards of practice. Therapists need to know the best resources for clarifying boundary issues and dealing with problems if they occur.

3:45-5:00 pm How Trauma and Addiction Connect...and What is CPTSD?? Jerry Boriskin, PhD, CAS

Complex PTSD will be explained, compared, and contrasted with PTSD. Understanding its dynamics and adaptive functions, its crucial role in the etiology of co-occurring disorders becomes apparent. Dr. Boriskin designed and co-founded the Advanced Recovery Center for addiction and CPTSD.

Saturday, November 11

9:00am-12:15pm and 1:15-3:30pm

Kids' Power—From Risk to Resilience Jerry Moe, MA, Director of the Children's Program, Betty Ford Center

Children in addicted families are subject to an array of dysfunctional dynamics and are at risk for lifelong problems with self and others. This is an exciting opportunity for 15 children (ages 7-12) to be introduced to addiction awareness. Experiential group work has a unique power to help kid's correct distorted messages and begin to heal. Two clinicians will be selected to attend this all-day track.

9:00-10:30 am Sexual Addiction/Compulsivity 101

Stephanie Carnes, PhD

The disorder will be discussed from historical and psychiatric perspectives. DSM diagnostic criteria for sexual compulsivity will be examined and related to the addict's experience of the condition. Formal criteria for sexual compulsivity will be illuminated using art therapy drawings from patients. The impact on the family will be discussed.

10:45 am-12:15 pm The Next Frontier: Emotional Sobriety

Allen Berger, PhD.

First written as a letter by Bill Wilson to a depressed friend, this article was later published in the AA Grapevine. He identified the deepest source of his own depression as an "almost absolute dependence—on people and circumstances to supply me with prestige, security, and the like..." Insightful and farsighted, Bill's article parallels psychological concepts such as emotional fusion and dependence, and also emotional center of gravity.

1:15-3:30 pm BREAK-OUT SESSIONS

Family Recovery, Sexual Compulsivity, and Disclosure Issues

Stefanie Carnes, PhD

For the family of a sex addict, the movement from denial and co-addiction into a recovery process is especially sensitive and volatile. Disclosure of the addiction involves honest discussion of the sexually compulsive behavior. Guidelines for the clinician to facilitate a disclosure process with the spouse and children will be presented.

Gestalt Family Therapy Allen Berger, PhD

Working with the family of a chemically dependent person illustrates an in-depth application of Gestalt Experiential Family Therapy. This powerful here-and-now approach in working with families was originally developed by Dr. Walter Kempler. Analysis of a videotaped family interview by Dr. Kempler will be detailed, "working points" and their use will be described, and the therapist will learn more about the use of self in working with families.

For further information contact:

- Bill Maher, CADC, ACI Family Intervention Center, LLC @ 804 539 7450
Tracie Zody, LCSW Transitions in Recovery, LLC @ 804 873 5488
Gail Santarelli, LPC or Jay Maynard, LPC Rich. IOP, PLC @ 804 320 8032
Chuck Adcock, LCSW, Family Counseling Center @ 804 354 1996 or Bob Skalleberg, LPC @ 804 564 4359

For directions to the Conference (at the Richmond Children's Museum) go to: www.interventionctr.com

REGISTRATION FORM

Please complete one form for EACH person attending. Two-day registration (includes all sessions, lunch both Friday and Saturday and Exhibit Hall Admission)

Check one:

- Regular .....\$175
Student (limited availability) .....\$95
CEU certificates an additional .....\$ 10

Jerry Moe's Saturday Workshop

- Child attending (7-12 yrs of age) .....\$35

Child's Name \_\_\_\_\_

TOTAL DUE \_\_\_\_\_

name of attendee \_\_\_\_\_

title \_\_\_\_\_

organization name \_\_\_\_\_

mailing address \_\_\_\_\_

city, state, zip \_\_\_\_\_

telephone \_\_\_\_\_

fax \_\_\_\_\_

e-mail \_\_\_\_\_

Payment Method

- Check enclosed
(make payable to Legacy of Addictions Conference 2006)

MAIL REGISTRATION FORM WITH PAYMENT TO:
Legacy of Addictions Conference
2405 West Main St.,
Richmond, Virginia 23220

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